

My Body Song



My Body Song - Verse 1

My Body lies over the sofa
My Body gets too much t.v.
My Body is soft as the sofa
Oh Bring Back my Body to me.

Bring Back
Bring Back
Oh, Bring Back my body to me,
To me!

Bring Back,
Bring Back,
Oh, Bring Back my activity!

My Body Song - Verse 2

My Body is off of the sofa.
My Body is active and free!
My Body has turned off the t.v.
I am active and that is the key!

Bring Back,
Bring Back,
My Body is Back and healthy,
Healthy.

Bring Back,
Bring Back,
My Body is active daily!
