



WANTED FITNESS LEADERS

“Older Adult Fitness Leadership Training”

Sept. 11: 9-3:30pm

Sept 12-16: 8:30-2pm

Sept 17: 9-3:30pm

Location: TBA

Cost: Free (register deadline—Sept 6)

Contact Brenda Temple at 655-7874 or email
brenda.temple@saskatoonhealthregion.ca

You can be a part of *FOREVER...in motion* by becoming a leader of a physical activity program for older adults.