



FAMILY IN MOTION DAY

What: Family *in motion* day event hosted by Healthy Start / Départ Santé and in collaboration with the College of Kinesiology - MEND SK (Mind, Exercise, Nutrition, Do it!), l'Association des parents fransaskois (APF) and the Saskatoon Federation of Early Learning.

When: 1:00 pm – 3:00 pm February 15, 2016

Where: École canadienne-française Elementary School - 1407 Albert Ave, Saskatoon

Who: Families; activities will target children ages 3-13 and their parents

Admission: FREE!

Description: Come join Healthy Start, MEND SK and the APF for an afternoon of activities. Fun for all ages including games, healthy snacks, a raffle, a dance party and an indoor snowball fight! Weather permitting, we will also have outdoor activities and there is a toboggan hill so bring your sleds and your crazy carpets. For more information visit our website www.healthystartkids.ca

****Please share widely with your families and in your networks! ****



Saskatoon Federation of Early Learning Inc.



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