

“Narrowing the Gap” Workshop Registration Form

Registration Deadline: November 2, 2012

Participant Information

Name: _____

Address: _____

City/Town: _____ Province: _____ Postal Code: _____

Email: _____

Telephone: _____(h) _____(w)

Please Specify the Session in Which You Would Like to Register:

Note that you may register for one or both sessions. Anyone is welcome to attend the first session (November 14). Those registering for the Train the Trainer workshop (November 15 and 16) should have qualifications as described on page 2.

- November 14, 2012: How to Implement an Older Adult Physical Activity Strategy
- including the relationship between fitness and chronic disease management

Cost: \$30.00 Includes lunch

- November 15 -16, 2012: Trainer the Trainer Workshop

Cost: \$85.00 Includes 2 lunches and supper

Note: If you have any dietary restrictions, please indicate below.

Dietary restriction: _____

Voluntary Self-Declaration

Are you of Aboriginal descent? Yes No
If yes, are you: Status Non Status Métis

Session Location:

Delta Regina Hotel
1919 Saskatchewan Drive
Regina, Saskatchewan
S4P 4H2

**All cheques payable to:
Saskatchewan Seniors
Mechanism**

Mail to:

Saskatchewan Seniors
Mechanism
#112-2001 Cornwall Street,
Regina, SK
S4P 3X9
Phone: (306) 359-9956